



LIFE STAGES IN CATS

LIFE STAGE

AGE OF CAT

HUMAN EQUIVALENT

KITTEN, birth to 6 months

0-1 month
2-3 months
4 months
6 months

0-1 year
2-4 years
6-8 years
10 years

KITTEN



JUNIOR, 7 months to 2 years

7 months
12 months
18 months
2 years

12 years
15 years
21 years
24 years

JUNIOR



PRIME, 3 years to 6 years

3
4
5
6

28
32
36
40

PRIME

MATURE, 7 year to 10 years

7
8
9
10

44
48
52
56

MATURE



SENIOR, 11 to 14 years

11
12
13
14

60
64
68
72

SENIOR

GERIATRIC, 15 years+

15
16
17
18
19
20
21
22
23
24
25

76
80
84
88
92
96
100
104
108
112
116

GERIATRIC



ANIMAL BEHAVIOR QUESTIONS? CONTACT OUR FREE BEHAVIOR HELPLINE:

402-905-3421 | bhelp@nehumanesociety.org | www.nehumanesociety.org/behaviorhelp